

# **The Sexton's Wheel** Issue 213

The magazine for Long Stratton & Wacton



**October 2021**

## Long Stratton Village Hall - Booking Information



The hall can be booked as follows:

Via our facebook page, search Long Stratton Village Hall  
Via our website [www.longstrattonvillagehall.org.uk](http://www.longstrattonvillagehall.org.uk)  
Email us at [longstrattonvillagehall@outlook.com](mailto:longstrattonvillagehall@outlook.com)  
Call Kirsty Dye on 07986942804 and leave a message  
Hire rates from as little as £7.50 per hour.



## Wacton Village Hall - Booking information

The meeting room has seating for 22, suitable for small functions. The main hall has a semi-sprung floor with capacity for 80 seated or 120 standing. There is a fully equipped kitchen and a full complement of tables and chairs. All areas are accessible for wheelchairs, there is a baby changing station. Hourly rates are £6 and £10 respectively or £13 for the hire of the whole hall. **Angie Baldwin 01508536639 or [wactonvh@outlook.com](mailto:wactonvh@outlook.com)**

## Church Contacts

**St Mary's, St Michael's & All Saints'**

Rev. Heather Wilcox      01508 530238  
[rev.heather@btconnect.com](mailto:rev.heather@btconnect.com)

**Congregational Church**

June Braddock      01508 470701

## Church Parish Office

The Parish Office is situated at the Rectory, 8 Flowerpot Lane is currently not staffed, but we are available for enquiries at anytime. Please ring the doorbell (by the front door) or ring 01508 530238 for all enquiries.

If you know of anyone who is unwell or would benefit from a visit from a member of our ministry team please contact the Parish Office (01508 530238).

## Long Stratton Town Council, The Pavilion, Manor Road, Long Stratton

Usual office hours are Monday, Tuesday and Thursday between 10am and 1pm and by appointment at other times.

Tel: Clerk Becky Buck 01508 530524    E-mail: [clerk@longstrattoncouncil.info](mailto:clerk@longstrattoncouncil.info)

The Editors reserve the right to edit or decline any material submitted for publication. While every effort is made to ensure that the contents of the magazine are accurate, no responsibility can be taken for errors and omissions. The material printed does not necessarily represent the views of the magazine committee and no recommendation of products or services is implied. While the committee take reasonable care when accepting advertisements for publication, it cannot accept responsibility for any unsatisfactory transactions. Errors and omissions excepted.



There's much to see in this month's edition, LSHS looking for Governors, our Town Council looking for councillors and we introduce the new Team Administrator who is based at the Rectory, plus lots from all our regular contributors.

We also say farewell to Heather who has been the Rector in Long Stratton for the past ten years.

### *The Sexton's Wheel Team*

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## Ten years

As humans we are very good at marking time

10 years ago, I arrived with the family in Long Stratton. 10 years later, our daughter has finished her GCSEs and her A'levels, gone to university and got a degree, worked for several years, got married and is now back at university. Our son, has finished school, been to college and is now working and looking forward to moving with us later this month.

When a child reaches 10 it is a special occasion, the first 'double digits' birthday. The first decade of that child's life ticked off. We mark off centuries in decades and have extra special celebrations when our birthdays end with a '0' and we launch into a new decade, even if it means we must be getting older.

As humans we appear to be bound by time.

I look back and can't believe where the time has gone, how is it that our children are now adults and yet I still feel like a child myself. How can it possibly be that we have lived here for 10 years, it certainly doesn't feel like it.

Time is a very strange concept. If you are looking forward to something it drags along, when you are not looking forward to something it rushes by.

In Ecclesiastes in the Bible, we are reminded there is a time for everything and a season for every activity under heaven. A time to be born and a time to die, a time to weep and a time to laugh, a time to keep and a time to throw away. This great passage ends, with the words, *'He has made everything beautiful in its time. He has also set eternity into the hearts of men;'*

He has set eternity into the hearts of humanity. We who are so bound by time, have eternity in our hearts.

As my time here in Long Stratton draws to a close, it is time to say goodbye and there is much sadness, I have very much enjoyed the last 10 years and serving in these parishes and will miss everyone very much. But there is a time for everything and it is time for me to move on. And so there is also excitement, as I wait to see what God has in store for me in my new parishes and also what God has in store for everyone here. God has a plan. It is time to see what that plan is.

May God bless you all

Heather



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Our team of volunteers took the opportunity to do some team building & challenge themselves out on the broads before the autumn term started back. There was an opportunity for paddleboarding, kayaking & canoeing. For some this was a new experience and for others it gave the chance to improve water confidence & practise their water skills. It was a lovely evening and we all had lots of fun.



As we begin the new Scouting year, we are setting a challenge to our local community. We challenge you to take the four week challenge with us. This is based on the idea of volunteering for four weeks to find out more about what we do, help out & see the difference you will make. The four week challenge is totally flexible, can be started at any time and does not have to be completed on consecutive weeks. We have a wide range of opportunities either supporting our young people or behind the scenes. Volunteering is good for you & good for the community... why not give it a try?

Interested? Please contact Peter (Group Scout Leader) to find out more on **01508 531100** or email [pta.thurston@tiscali.co.uk](mailto:pta.thurston@tiscali.co.uk) or via [www.facebook.com/1stlongstrattonscoutgroup](http://www.facebook.com/1stlongstrattonscoutgroup)

## Take the four week challenge

Volunteer for just four weeks and be amazed at the difference you'll make.

- Week 1 See what we get up to
- Week 2 Start to help out
- Week 3 Get a little more involved
- Week 4 You'll know if Scouting is for you.

We have a wide range of flexible roles either supporting young people or behind the scenes. Any help is truly amazing.

Interested?  
Contact Peter (Group Scout Leader) on 01508 531100 or email [pta.thurston@tiscali.co.uk](mailto:pta.thurston@tiscali.co.uk) or via [facebook.com/1stlongstrattonscoutgroup](http://facebook.com/1stlongstrattonscoutgroup)

[scouts.org.uk/volunteer](http://scouts.org.uk/volunteer)

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## 2nd Long Stratton Brownies

We were pleased to welcome some new girls into Brownies at the start of the Autumn Term – some moving up from Rainbows and others new to Girlguiding. The weather has been kind to us and we have held our meetings outside when possible.

We have started working on our 'Innovate' Stage 2 Badge. One night, our Brownies made up American Cheer-Leading Dance Routines in their groups using our pom-poms. We also used them when we sang some of our action songs. Another challenge for the badge was to create a whole unit mosaic of individual squares which the Brownies designed with colours & masking tape.

From the end of the last term, Well Done to Evie who gained her 'Grow Your Own' Interest Badge and 'Be Well' Theme Award. And Well Done to Sofia who gained her 'Mindfulness' and 'Aviation' Interest Badges. Sofia has also achieved her 'Be Well' Theme Award and 'Brownies Have Adventures' Theme Award which means she has done really well in achieving her Brownie Bronze Award over the summer term!

... Brown Owl



### Come and join us for.....

The next **Messy Church** is on **Saturday 30th October**  
from 9am until 10.45am



The above Messy Church will be held in St Mary's church



Long Stratton Messy Church

You can find out more by phoning Heather Wilcox at The Rectory 530238

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### Long Stratton High School Governors Wanted

Following five years of successive improvement a number of our governors have taken the decision to stand down. As such we are looking for people within the community to join our Local Governing Body. This is an opportunity to help shape the future of one of Norfolk's highest performing secondary schools. No experience is necessary and training and support will be given.

The Local Governing Body meet seven times per year and attend other events such as Open Evenings and school performances. This role would be appropriate for those who work part-time or who have retired as the ability to occasionally come into school during the day would be welcome. The school is fully committed to safeguarding and we will carry out an enhanced DBS check.

For an informal discussion please contact **Mrs Wendie Barnes, PA to the Executive Headteacher** [head@lshs.org.uk](mailto:head@lshs.org.uk)



Our full door to door dial-a-ride service is up and running again with weekly trips to Diss and Harleston for shopping and appointments.

We are also pleased to announce that we are running our weekly outings again. Our October outings are as follows:

Thursday 14th October – Lunch at The Red Lion, Needham - Fare £7.00

Monday 18th October – Stowmarket – Fare £10.00

Monday 25th October – Lunch at The White Horse, Stoke Ash – Fare £7.00

Some outings do have limited space so please book early to avoid disappointment.

For more information or if you would like a copy of our 2021 outings leaflet, please contact us on **01379 854800** or email [adminborderhoppa@btconnect.com](mailto:adminborderhoppa@btconnect.com).

## Harvest Themed Flower Festival

### St. Mary's Church

Saturday 2nd October - Tuesday 5th October

11.00 - 4.00pm daily

(12.30 - 4.00pm on Sunday)

Come and enjoy looking around our Harvest themed flower displays

Sit and enjoy a cup of tea or coffee and slice of cake

or have a light lunch

& celebrate the wonder of the Harvest.

If you have any old farming equipment or photos of Harvest time that you would like

displayed during the Flower Festival

please contact Heather on 01508 530238



We are always on the look out for keen flower arrangers, so if you would like to give it a go please get in touch.



### Church Parish Office – New Team Administrator

In August we welcomed our new Team Administrator, Marianne Purdy, to the Long Stratton and Pilgrim Team Ministry. Marianne will be working part-time assisting the eight churches in our team with their administration. She will be based at the office two days a week usually Mondays and Wednesdays with her other hours being home-based.

Marianne has worked in administrative roles for all of her career and is already settling in well to the role, we are excited to see what Marianne will bring to the team over the coming months.

Usual office hours will be Mondays and Wednesdays 9:30-12:30 and by appointment at other times. **Email: [LSTeamAdmin@btconnect.com](mailto:LSTeamAdmin@btconnect.com)**

In the autumn, St. Mary's church will appear on the Historic England – Heritage at risk register 2021. To quote from the letter sent to the church from Historic England.

*'We note that roofs, rainwater disposal systems and some of the flint walls and window stonework are in poor condition. For this reason, we consider that the fabric qualifies as 'at risk' from further deterioration and loss.*

*This is in no way a slight on the parish: rather, it recognises the current condition and vulnerability of the church fabric, and the challenges you face and allows us to prioritise strategic assistance towards your church.'*

There is a significant amount of work which needs to be completed on St. Mary's church to enable it to be removed from the 'at risk' register, but we are well on the way to beginning the process, with a schedule of works already in place to do some remedial works to prevent further deterioration, which we are currently seeking grants for, before progressing to the main project, which will run over several years and require large amounts of grant funding.

St. Mary's Church, is an important, historic building in the town, and we are sure everyone would like to see it remain an open and active part of the community. We look forward to having the support of the town as we work on grant applications, fundraising and maintaining this important part of our heritage.

If you have experience with applying for grants, maintaining heritage or would like to help in anyway, we would love to hear from you.

Please contact:

**Team Administrator, Marianne via email [LSTeamAdmin@btconnect.com](mailto:LSTeamAdmin@btconnect.com)**





## Janette: a key part of the Howards team.

Janette, is well known in the town having worked for Howards for 25 years. Throughout lockdown Janette has continued to support her local clients and seen first-hand the benefits of being able to work flexibly from home.

“Now is exactly the time to be responding to our customer’s needs,” explains Janette. “For me this means not being tied to an office, but being out in the area meeting my clients when it suits them.

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I have found Janette and Hayley to be both very professional, polite and kept me informed every step of the way. I have only dealt with Janette in person and she couldn’t be more helpful, ten out of ten in my opinion. Keep up the good work. M. L., August 2021

**G ★★★★★**

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**LSTeamAdmin@btconnect.com**



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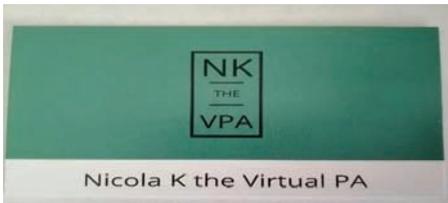
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# Long Stratton Town Council

Pavillion, Manor Road Playing Fields, Manor Road,

Long Stratton, NR15 2XR

Chairman: Mr Kevin Worsley Clerk: Mrs B Buck



## Is it too early to mention the C word?

We are looking to hold our Christmas event this year on 4th December. We will be having stalls, games, fair rides, donkeys and of course Santa himself. We really want to give the community the chance to be involved so if you would like to host a stall or would like to be involved in some other way then please contact us, we are eager to hear from you.

## Pavilion

Is open! It has been a long 18 months and I am pleased to say that we are open to the public and have started to take bookings for the community room. If you would like to come and see if the venue is suitable for you then please drop us an email or give us a call, alternatively pop in and we will be happy to show you around.

## Changes in the Council

It is with regret to inform you that 3 councillors have recently resigned and on behalf of the Council I would like to thank Mark Gladding, Jill Callaghan and Eddie Earp for the hard work and dedication since becoming members. However, the good news is we now have 3 vacancies that we need to fill. Have you ever wondered what the council does? Have you ever thought about ways to enhance the community? Are you passionate about the place you live? If you are then please get in contact either through email or phone or by popping into the office to have a chat.

## Toilets

As you are aware the toilets are open, however it has not been without its challenges! Please can I ask everyone to use them respectfully. Thank you.

## Opening Hours

Now that the pavilion is open I would like to let everyone know when the office is open to visitors.

Monday 10-2, Tuesday 10-2, Wednesday closed, Thursday 10-2, Friday 10-2.

We will endeavour to be available during this time but with the exception of Tuesday there is either Jess or I available. On occasion the office may be shut due to meetings or training, therefore I would recommend calling before coming to the office or make an appointment, we are always pleased to see you.

Take Care

Becky

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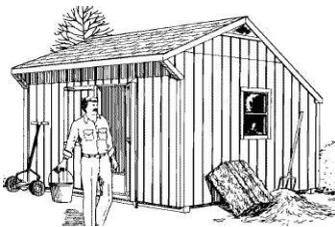
Why not come along to St Mary's church on Tuesday mornings 10:00 to 12:00 for a good old natter over a cuppa and a piece of home made cake.

***Everybody Welcome***

u3a Harleston & District are resuming their monthly talks on 20 October when our guest speaker will be Jane Hoggar with "My Life as a Bluebell Girl". Jane's talk is based on her travels as a showgirl around the world, including a look at the courageous life of her boss, Margaret Kelly, AKA Miss Bluebell, of the Lido de Paris.

Full details available at [u3asites.org.uk/harleston/events](http://u3asites.org.uk/harleston/events) or by phoning Kim Poulton on 01986 788149.

## The Long Stratton & District Men's Shed



We are pleased to announce we have re-opened post covid and are keen to welcome new members.

If you are interested and would like more information please call:

**Barry on 07985 463040 or  
Richard on 07548 030462**

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## LONG STRATTON & DISTRICT WI

In August our members and invited guests enjoyed meeting in a member's spacious garden. The weather could have been warmer considering it was summer but it wasn't windy and the rain held off.

Members provided an excellent afternoon tea and enjoyed seeing each other and old friends. If members wished to do so they could donate to a Breast Cancer charity and Jill and Lorna sent off a cheque in their personal capacity.

I expect everyone has heard of the dinosaur skeleton at Norwich Cathedral. Members across the county, including our members here in Long Stratton, have knitted hearts to display on the W.I. stall at the exhibition. People are asked to write on a leaf shape what they can promise to do to help the environment. Later all these pledges will go to the Cop24 in Glasgow where world leaders will debate ways to prevent climate change. This is an issue the W.I. has been concerned about for many years.



On 31st October Dippy the diplodocus dinosaur skeleton will be packed back into the 16 boxes it arrived in and put back into storage at the Natural History Museum in London.

Visitors are always welcome at our monthly meetings and if you would like more information please contact our **Secretary on 01508 531154**. We meet on the third Wednesday of the month at 7.30. pm in Long Stratton Village Hall. There is plenty of parking and we take Covid safeguarding seriously.

Our speaker in October will talk about her journey to becoming a British citizen.

### Outline of our Village Past

#### Break with the Past

The bell cast by the Saxon smith Thomas on the order of Sir John Styrmin (see last months magazine), dated from about 1330. But 1330 was already late in the lifetime of the feudal system the bell inscription reflects, and only round the corner was waiting an unimagined catastrophe which was to alter the way of life of the whole middle ages.

The Black Death, bubonic plague carried across Europe from the East, arrived in Norwich in January 1349. It took away a third to a half of the population, shattering and reshaping dramatically the whole way of life of the British people.

Cont on page 27.

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5. LONGER APPOINTMENTS FOR CLEANING INBETWEEN
6. HAND SANITISER & SCREENS WITHIN THE PRACTICE



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**MAIL@MSHEPHERDOPTOMETRIST.COM**

### Rebuilding

Go round our three churches to see surviving documentary evidence of the effects of the Black Death. On the lists of Rectors you will see that not in three, but four churches (for there were two in Wacton in those days), a new Rector was instituted in 1349. The former Rectors and presumably a heavy toll of their parishioners all died in the plague. As a result of the plague, estates were left uncultivated; villagers were too few to work the lands of the Manor under the old feudal system, and the class divisions of that system began to break down.

In Stratton as a generation passed and the population began to recover itself again, the gratitude of the energetic younger generation which had been spared, drawing upon the continual profits of the wool trade, was channelled into the rebuilding of older existing churches. At St Michael's and Wacton the opportunity was taken for a complete break with the past, and everything that was put up after the Black Death was quite new except for the ancient Saxon round tower of Wacton.

### Written in the Stones

At St Mary's the effects of the Black Death, with its temporary pause imposed on the rhythm of village life and building activity, are clearly revealed in the standing stones of the building. The pillars of the north aisle are scooped and etched in section, indicating an early pre-1330 date, the so-called 'Decorated' style of English architecture. The pillars of the chancel and the south aisles are octagonal and chamfered plain, in the style of a later school of English architecture, the 'Perpendicular'. The fact that the clerestory windows in the roof of the nave are also in the Perpendicular style suggests that they too were added after the Black Death. The architecture of Stratton St Mary gives the impression that the first work of reconstructing an old, original church building was interrupted by the Black Death, and only resumed 30 or 40 years later in a new architectural and social order.



The article says there were four churches in Long Stratton and Wacton, actually there were five, as Stratton had another church said to be less than a bows distance from St Michael's. St Peter's church was founded by Roger Bigod or Bygod after the Norman conquest in about 1100. It was used up until around 1449. In 1446 Thomas Martin was the last Rector of St Peter's and after his death it was consolidated with St Michael's on September 10th 1449 by the Duke of Norfolk and was used as a chapel only.

Whites directory 1845 says St Peter's was dilapidated in the reign of Henry VII 1485-1509. After the dissolution of the monasteries it was demolished. Blomefields 1806 says nothing to be seen of the church, but foundation level with the ground show it was a small building. The site is still called St Peter's churchyard. I think there are still some graves in a nearby cottage garden.

# Activity Programme

April to September 2021

## Free online activity programme for 0 to 5s in Norfolk



The Early Childhood & Family Service (ECFS) is still running, offering extra help to families who need it. Right now, due to Covid-19, we're providing a programme of online activities and groups that are available to families with children aged 0 to 5 years.



**Early Childhood and Family Service**

### e Live Online Groups



#### Baby Days Live Online

Six weeks of free online sessions for babies with their parents/carers. Each session will have a new learning activity to try out with your baby, plus an opportunity to meet other parents and talk to knowledgeable staff. Best suited to babies who are not yet walking.

#### Toddler Days Live Online

Six weeks of free online sessions for under 5s with their parents/carers. A chance to meet other parents, talk to knowledgeable staff and take part in fun, learning activities.

#### Baby Massage Live Online

A free five week course introducing massage strokes that can help with colic and support you and your baby to feel more relaxed, whilst strengthening your bond.



#### Register at

[tinurl.com/ECFSevents](http://tinurl.com/ECFSevents)

Sessions take place online via video call on Microsoft Teams. You only need an internet connection and a smartphone, tablet or computer to join.

If you would like to join but need help with technology, or you don't have a suitable device, please [contact us](mailto:ecfs-families@actionforchildren.org.uk) on 0344 800 8020 to see how we can help.

### Need extra help or someone to talk to?

We are here to help with things like:

- Becoming a first time parent
- Bonding with your child
- Parenting challenges
- Mental wellbeing
- Healthy relationships
- Learning through play
- Communication & language development



Please contact us and one of our team will be in touch.



#### Online form:

[www.tinurl.com/ECFSHelp](http://www.tinurl.com/ECFSHelp)

#### Email:

[ecfs-families@actionforchildren.org.uk](mailto:ecfs-families@actionforchildren.org.uk)



New videos or themed activity posts every day at [facebook.com/EarlyChildhoodFamilyService](https://www.facebook.com/EarlyChildhoodFamilyService)

Videos also on our [You Tube channel](#). First view on the day/time shown or catch up later



#### Musical Monday with Magic Acorns

A fun mini music session for you and your little one to join in with at home. Designed to help build little brains and bodies, while encouraging communication and confidence.



Monday

1.30pm

#### Let's Get Talking!

Ideas and activities to get your toddler talking, plus information on how the things you do with your baby, from birth, can help their future language and development.

Tuesday

11.00am

#### Children's Wellbeing

Tips to help you understand and nurture your child's emotional development, including how to deal with difficult situations.

Wednesday

1.30pm

#### Fun and Learning

A variety of indoor and outdoor activities for you to enjoy with your baby or toddler.



Thursday

11.00am

#### Cookalong

Step-by-step videos for easy family recipes which are fun to make together and will save you money compared to ready prepared food. No experience necessary!

Friday

1.30pm

### Other activities for 0 to 5s and their families

#### Norfolk Libraries for Families

Weekly Online Bounce & Rhyme sessions, Story Week activities and Social groups via Zoom. Find out what's on from [Facebook](https://www.facebook.com/norfolklibraries) or [www.norfolk.gov.uk/libraries](http://www.norfolk.gov.uk/libraries)



#### Norfolk Family Learning

Interactive 'Come and Try' taster sessions and online courses for families to enjoy together. For details and to book visit [www.norfolk.gov.uk/familylearning](http://www.norfolk.gov.uk/familylearning)



#### Norfolk Community Directory

Search for activities and services run by volunteers or other organisations in your local community. Visit [communitydirectory.norfolk.gov.uk](http://communitydirectory.norfolk.gov.uk)



**volunteering community DIRECTORY**

0344 800 8020 | [www.norfolk.gov.uk/earlychildhood](http://www.norfolk.gov.uk/earlychildhood) | [ecfs-families@actionforchildren.org.uk](mailto:ecfs-families@actionforchildren.org.uk)

Keep up to date with the free Action for Children Services App



## Courses offered by the Early Childhood and Family Service



Our courses are running online via Microsoft Teams, or in small face-to-face groups at our risk assessed bases. Extra hygiene measures are in place and we will ask you to wear a face covering, unless you are exempt.

### Solihull Parenting Course

A 10 week course to help you learn more about your child's development and behaviour. What is their behaviour telling you?

### Baby Massage

A 5 week course for introducing massage strokes. This can help with colic and support you and your baby to feel more relaxed, whilst strengthening your bond.

### Freedom Course

A 10 week course for women who would like to look at healthy relationships and to have a safe environment to be able to discuss and understand previous and current relationships.

### Triple P

An 8 week course that offers support, information and practical answers to everyday parenting concerns.

### Circle of Security

An 8 week course based on supporting and strengthening the attachment between you and your child.

## Our partners



Home-Start Norfolk and the community offer in your local area are also part of the Early Childhood and Family Service, and are available to support you and your family.

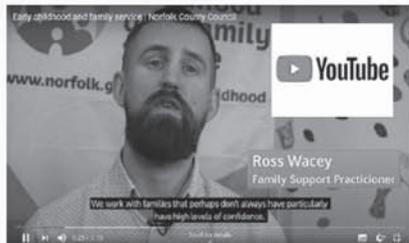
## How to contact us

You can get more information on the service by visiting [www.norfolk.gov.uk/earlychildhood](http://www.norfolk.gov.uk/earlychildhood)

If you would like further information, help or support then please call us on 0344 800 8020 or email us at [ECFS-Families@actionforchildren.org.uk](mailto:ECFS-Families@actionforchildren.org.uk)



Any updates on services or groups can be found by visiting our Facebook pages. Search for Early Childhood and Family Service

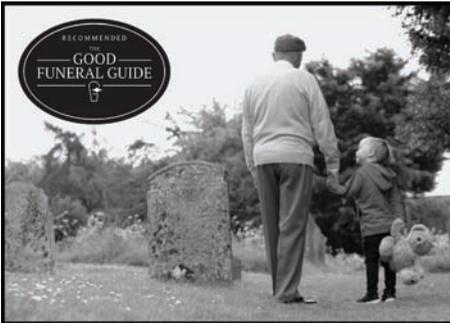


See our video on YouTube to find out more

## Useful contacts

Coronavirus Information	<a href="http://norfolk.gov.uk/coronavirus">norfolk.gov.uk/coronavirus</a>
Just One Norfolk (Health Visiting Team)	0300 300 0123
Leeway (Domestic Abuse Support)	0300 561 0077
Norfolk & Waveney Wellbeing Service (Mental health support)	0300 123 1503
Home Start Norfolk	01603 977040
Speech & Language Advice Line (ECCH)	01502 719830
Norfolk SEND Partnership	01603 704070
National Breastfeeding Helpline	0300 100 0212
Norfolk Police (non-emergency)	111
CGL (Alcohol & drug behaviour change service)	01603 514096
Citizens Advice Bureau	03444 111 444
Shetler (Help with housing & homelessness)	0808 800 4444
Job Centre	<a href="http://gov.uk/contact-jobcentre-plus">gov.uk/contact-jobcentre-plus</a>
Mens Advice Line (for men in abusive relationships)	0808 801 0327

If you are worried a child is at risk please call Norfolk County Council Children's Services on 0344 800 8020 or 999 in an emergency



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## LONG STRATTON MEDICAL PARTNERSHIP

Swan Lane Surgery, Swan Lane, Tharston, Norwich, Norfolk, NR15 2UY  
Tel: 01508 530781

Our flu vaccination season set off to a great start with our vaccine being delayed in September, but on writing this article (early September) we are optimistic that we will be able to go ahead with our pre-booked appointment clinics on Saturday 2nd and Saturday 9th October at Long Stratton Surgery, and on Wednesday 13th October at Newton Flotman Surgery.

The new eligible group of 50-64 year olds have been confirmed as continuing for the 21-22 flu season, and we will be notifying patients by eligibility in stages.

Our clinics will operate with social distancing and infection control measures in place. Please wear a mask, use the hand sanitiser and arrive only at your pre-booked appointment time as the waiting area space is limited. Please do not attend with a family member that does not have an appointment unless they are your carer, or you need assistance in some way.

For your information these are the eligible groups (cohorts).

- all children aged 2 to 15 (but not 16 years or older) on 31 August 2021 (2 & 3yr olds will be vaccinated at the practice)
- those aged 6 months to under 50 years in clinical risk groups
- pregnant women
- those aged 50 years and over
- those in long-stay residential care homes
- carers
- close contacts of immunocompromised individuals
- frontline health and social care staff employed by:
  - o a registered residential care or nursing home
  - o registered domiciliary care provider
  - o a voluntary managed hospice provider
  - o Direct Payment (personal budgets) and/or Personal Health Budgets, such as Personal Assistants.

Eligible criteria have changed over the years so if you are unsure whether you are entitled to a vaccination please speak to our Reception Team who will check and confirm for you.

### **New Team Members in September:**

We would like to introduce and welcome Lindsay Smith as Practice Nurse, Hedley Coplestone as IT & Admin Lead and Gemma Chapman as Dispensing Clerk.

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## WACTON VILLAGE HALL

The Wacton Village Hall Committee said goodbye to Calvin and Christine Goreham as they move home to be nearer to their family. They have lived in Wacton for over 28 years and during that time both Calvin and Christine have worked tirelessly to support the local community. We wish them all the best for the future.

Wacton Village Hall Committee



## WACTON COFFEE MORNINGS

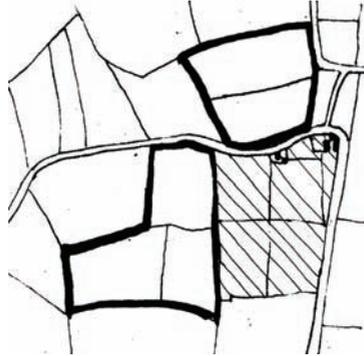
It was lovely to see everyone again at the first Coffee Morning of the year. We plan to continue with meetings on the first and third Tuesday of every month from 10.30 am. We will try meeting in the Main Hall to see if this improves noise levels, so we can all hear each other properly.

Looking forward to seeing you all again soon,

Caroline and Rita

## Blyth Green Area Wacton 1718 to 2008

In 1718 Arthur Ellis, then of Carleton St Peter, but formerly of Tharston made his will and left the land, cross hatched on the plan below, to the two daughters of his deceased son Thomas.



One moiety or share was sold through several owners until 1843 when it was bought by James Peck. The other moiety was put up as security for a loan and after the subsequent default of the debtor it came into the hands of Henry Negus Burroughes of Hoveton Hall who sold it to James Peck in 1843.

James had married Mary Ann Alexander the year before and they borrowed £400 from Walter Burroughes and probably built the house and farm building in the north east corner, now Blyth Green House.

Mary Ann died and in 1868 James married Catherine Peck, who had inherited some money and it appears that they then built a pair of cottages in a corner of a field near the road, now known as Blyth Green Cottage. The Peck's remained there until 1901 when the property was sold to Benjamin Reeve, blacksmith of Long Stratton. In 1906 he bought five adjoining fields, edged in black on the plan above.

Benjamin died in 1920 and in 1922 his wife sold the property to Amelia Smith but within a year she sold it to Herbert Frederick Mears, an accountant from Hopton near Diss.

Mears then breaks the property up and sells part, Blyth Green House and the four fields, cross hatched on the plan above, to Jacob Cooke; the Cottages and the field opposite in Tharston to Harry Walpole; the three fields in Wacton outlined in black on the west to Robert Thomas Barnes of Stratton Hall; and the further field in Tharston, now next to the industrial estate to Dennis Stimpson. Stimpson's land was bought by Harry Walpole in 1934.

Cooke only stayed until 1924 selling the smallholding to John Lain, a butcher from Hollaway but born in Forncett. When John Lain died in 1949 his wife sold the property to Bertie Buck from Long Stratton. By 1956 Buck moved away selling the property to Albert Harrison.

By 1967 when Albert was of retiring age he sold the two southern most fields to Sybil Harker then in 1971 he sold the field on the west of the cottages to Harry Walpole.

When Harry Walpole died in 1974 the cottages and land was bought by Darwin and Sylvia Turner, later they bought the house and its land from Harrison.

In 1983 the Turners sold the house to Patricia Rix of Long Stratton as well as the further plot in Tharston. The Tharston land was later sold on separately from the house which was lived in by Dr Willis and his family for a while before being purchased by A R Millar who sold to the present owners.

Sylvia continued living for while in the Cottage, then sold the cottage and fields in Wacton to Mr and Mrs Britch, who later moved into the centre of Wacton.

The remaining field opposite the Cottage was kept by Sylvia until 2008 when she sold it to Ben and Luke Todd.

This is a summary of a 20 page booklet on the history of the dwellings and lands but little is known about any tenants of the house and cottages or the lands, so far I have identified 90 people associated with these properties

Any memories of people associated with this area would help to complete this history. **I can be contacted by robertwmaidstone@gmail.com or 01379677106**

## **WACTON FOOTCARE**

The next session of will take place on Monday 18th October.

As before, anyone who already has an appointment will be contacted and their appointment confirmed beforehand to avoid any confusion on times etc. Should anyone be considering a 1st appointment for Footcare please feel free to contact either of the contact numbers below for further advice, and/or an appointment.

The contact numbers are .....

**Clare (Footcare Specialist) --- 07785 295358**

**Rita (to cancel an appt. or for further information) --- 01508 218407**

## LOCAL WALKS

### Venturing South

“Dickleburgh? Where’s Dickleburgh?”

We’ve got so used to restricting our walks to ones that start from Long Stratton that it seemed quite a major expedition to be going to Dickleburgh. In fact it only took 15 minutes to drive to Dickleburgh’s substantial village hall car park. After weeks of cold grey days it was great to set off in warm sunshine. Happy voices from the primary school reminded us that not everyone is free to go walking on the first Monday of each month.



What happens when a village is bypassed? In Dickleburgh we found two tarmac tracks overhung with bushes bright with berries. Each led to a gate allowing pedestrians out onto the A140. Crossing was a challenge! Safe on the other side we soon turned left along a quiet lane. The hedgerows and mature trees were beautiful but the blackberries were disappointingly small and unripe. Soon we turned right onto Boudicca’s Way which we followed for most of the rest of the walk, though there were many twists and turns. We stopped to admire tall clear blue chickory flowers then noticed other species around them including red bartsia, a new one to most of us. One field was full of sow thistles in seed. They looked as though they had been cultivated like the maize on the other side of the path. On the whole walk we didn’t meet anyone else or we’d have asked about local farming.

A woodland path led us to a high wooden bridge where we paused to listen to the clear stream flowing through the flowering mint and willow herb on the banks. As we went on along a narrow path a little spire appeared above the bushes. Soon we could see that it was on top of an octagonal brick tower on top of a typical round tower. Shimpling church proved a real treasure. A leaflet listed 24 points of interest in this church which is cared for by the Churches Conservation Trust. Even the little organ could be played! Following the leaflet we opened trap doors to admire some ancient tiles showing a procession of stags. Approaching as we did from behind it seemed to be in the middle of nowhere but the church drive led us to a lane with cottages, a notice board and even a defibrillator. Clearly Shimpling is a village with a sense of identity. We crossed the lane and followed our path through woodland. There were a few more blackberries and some interesting little green fruit hanging over the path. A huge toadstool looked delicious too but we left it for the wild life to enjoy. The path turned into a track and then a lane where Boudicca’s way turned North towards Tivetshall while we faced the A140 again. This time we crossed more easily and were glad that our leader, Paul, knew where the gate was to lead us along the second tarmac track.

The walk back through Dickleburgh was full of interest. What a pleasant thing a bit of ex A140 can become! We considered going off to visit Dickleburgh Moor where a nature reserve is being developed but decided to leave that for another day.

We thanked Paul for introducing us to this walk which was so full of interest and variety.



*Walks take place on the first Thursday of each month. Meet near the Long Stratton toilets at 10. We walk about 4 miles and aim to be back between 12.30 and 1. Everyone welcome.*

## LONG STRATTON LIBRARY

Long Stratton Library is open. You can:

- Browse our adult and children's libraries
- Make, and collect, reservations
- Borrow Grab and Go bags for adults and children
- Book sessions on public PCs. Call 01603 774777 for further details
- Collect Tricky Period products, and Toiletries to Go
- Return items through the drop box or self-service kiosks
- Download eBooks, audiobooks, newspapers and magazines by visiting [www.norfolk.gov.uk/libraries](http://www.norfolk.gov.uk/libraries)

[www.norfolk.gov.uk/libraries](http://www.norfolk.gov.uk/libraries)

Our current opening hours are:

- Monday: 11am-7pm
- Tuesday: 1-7pm
- Wednesday: Closed
- Thursday: 1-7pm
- Friday: Closed
- Saturday: 11am-4pm
- Sunday: Closed

Thanks,

Ryan Watts, Library Manager - Diss, Harleston & Long Stratton Libraries  
Norfolk County Council Library & Information Service

# CHURCH SERVICES - October

3rd October - 0930 Holy Communion - Wacton  
1100 Harvest All Age Worship - St Mary's

10th October - 1100 Holy Communion - St Mary's  
1830 Evensong - St Michael's

17th October - 1100 Farewell to our Rector Heather with Baptism - St Mary's

24th October - 0900 Holy Communion - St Michael's  
1100 All Age Holy Communion - St Mary's

31st October - Memorial Service - St Marys

## Congregational Church Services

Sunday 3rd October - 10:45am – Family Service incl. Holy Communion – Keith Scarff

Sunday 10th October -10:45am – Family Service – Pastor Malcom Simpkin

Sunday 17th October - 9:45am – Community Family Breakfast  
10:45am – Family Service - Pastor Malcom Simpkin

Sunday 24th October 9:45am - Monthly Prayer Meeting  
10:45am – Family Service – Joy Southam

Sunday 31st October 10:45am – Family Service – Rev Ian Jones

## From the Parish Registers

### Baptisms:

Joshua Vaughn - 19th September - St Mary's

### Wedding Blessing:

Lisa and Simon Able - 3rd September - St. Michael's

### Weddings

Iain McKibben and Summer Marie Clarke - 4th September - St Mary's

Kevin Downs and Hayley Holmwood - 11th September - St Mary's

### Funerals

Fred Robinson - 7th September - St Mary's

Ken Adcock - 13th September - St Mary's

### Interment of Ashes

Gladys Oldman - 14th September - St Mary's

# THE SEXTON'S WHEEL

If you have something to tell us, an event coming up, an article of interest please contact us **email: [thesextonswheel@googlemail.com](mailto:thesextonswheel@googlemail.com)**

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or send to the Rectory, 8 Flowerpot Lane, Long Stratton, Norwich NR15 2TS  
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If you would like to advertise any Community Events this is free and we can tell over 2200 households

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**Images:** Any pictures you may have to accompany editorial would be welcome. Please send these as jpgs not embedded in a word document.

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EVENT \_\_\_\_\_

DATE \_\_\_\_\_

TIME \_\_\_\_\_

PLACE \_\_\_\_\_

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